

Syllabus for post of assistant nursing superintendent

Health;

Definition, concept factors affect health. Illness behavior and its impact. Health prevention levels of disease prevention.

Nursing profession;

Standard of nursing profession, National nursing organization International nursing organization ,History of nursing in India ,Nursing education in India Nursing ethics.

Nursing skills;

Hospital admission and discharge, Unit preparation Admission protocol Nurse's role

Discharge from hospital Types, planning and nurses responsibility.

Communication with patient Definition, types and techniques of communication Health education

Documentation and reporting of patient care

Hospital records and reports its types and nurses responsibility.

Assessment of vital signs

Temperature pulse respiration B.P. oxygen saturation

Physiology and regulation of technique of recording and reporting.

Physical examination

Purposes methods patient preparation

Recording

After care.

General hygiene care skills; skin care, oral care, hair care, pressure point care ,care of eye ear and nose,ryles tube feeding,ryles tube suction, urinary catheterization, bowel elimination,oxygenation,I.V.fluid administration.

Medication; drugs pharmacokinetics,pharmacodynamics,routes of drug administration.

Oral –oral sublingual and buccal

Parenteral-subcutaneous, intradermal, intramuscular, intravenous.

Advance-epidural, intrathecal, intraosseous, intraperitoneal, intrapleural, intraarterial.

Topical administration-skin application,nasal instillation,skin application,eye instillation,ear instillation,vaginal instillation,rectal instillation.

Medication by inhalation

Medicated irrigation.

Purposes sites,equipments,procedure recording and reporting

Advance nursing skills;

ABG analysis, perform ECG care of air way assist in intubation, setting up ventilator.O.T technique,pre and post operative care.

Care of hospital equipments and articles

Disposable and reusable articles, linen rubber goods, glass ware, metal plastics, furniture,machinery.maintenance of article ,preparation of inventory, indent process.

Prevention of hospital acquired infection;

Infection control. Body defence, asepsis medical surgical. Isolation precaution, hand washing simple hand washing and surgical hand washing. Isolation techniques. Personal protective equipment types,uses and techniques of wearing and removing, disinfection of unit and equipment. Standard safety precautions and transport based precautions.

Biomedical waste management; types of hospital waste, decontamination of hospital waste. Segregation and transportation and disposal.

Hospital administration and management

Definition and concept of hospital management and administration, theories of management,management process,POSTDCORB,human resource management in nursing,staffing,recruiting,selecting,retaining,promoting,inservice education, staff development, organization behavior and human relations

Health research; conduction of research related to health.