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राष्ट्रीय पर्यावरणीय स्वास्थ्य अनुसंधान संस्थान  
NATIONAL INSTITUTE FOR RESEARCH IN ENVIRONMENTAL HEALTH  
भारतीय आयुर्विज्ञान अनुसंधान परिषद  
INDIAN COUNCIL OF MEDICAL RESEARCH  
कमला नेहरू चिकित्सालय भवन, भोपाल  
Kamla Nehru Hospital Building, Bhopal - 462001

No. NIREH/BPL/RMB/2014-15/ 202

Dated: 11<sup>th</sup> February 2015

CIRCULAR

The Medical Reimbursement Committee of the Institute in its meeting held on 23<sup>rd</sup> December 2014 inter alia recommended that the employees may be notified with the extant medical attendance rules, regulations and practice to be followed for seeking indoor/outdoor treatment for themselves and their dependents at Government/recognized hospital(s). Since the NIREH is not a member of Central Government Health Scheme, the cases of medical reimbursement shall be dealt as per provisions of (CSMA Rules) 1944

The lists of the authorized medical attendants/recognized hospitals and pathology laboratories as approved by the Central Government Employees Welfare Committee, Bhopal are being made available on the website of the institute [www.nireh.org](http://www.nireh.org).

The guide lines for seeking indoor/outdoor treatment are as under:-

1. The treatment at the consulting room of AMA is limited to ten days with a maximum of four consultations and normally ten injections. The number of injections may go up to fifteen depending on patient's ailment.
2. The limit of ten days treatment at the consulting room of AMA may be increased to forty days if the treatment is sought in Indian system of Medicines and in Homoeopathy. The total number of consultations will, however, remain four at an interval of ten days.
3. The limit of four consultations within ten days is applicable for attending the Specialist/other Medical Officer and will count from the date from which the Specialist/other Medical Officer, is consulted.
4. In case of medical treatment requiring hospitalization treatment at Government/recognized hospital may be undertaken.
5. If hospitalization is not considered necessary, but treatment is expected to be prolonged requiring more than four consultations or more than a course of fifteen injections, as the case may be, either separately or concurrently, the patient should attend the out-patient department of Government/recognized hospital.
6. If, for want of accommodation in the entitled class, admission to a hospital is not possible, reimbursement of expenses incurred on treatment is permissible to the extent of admissibility.
7. Separate claim is to be preferred in the prescribed claim form alongwith original cash memo, receipts, reports etc. for each spell of illness or an entirely new disease.
8. To justify a claim for a second time, for the recurrence of the same disease, there should be a reasonable gap between the closing of the first spell and the recurrence of the second spell.
9. When a patient consults the same AMA in regard to the super-imposition of another disease during the course of treatment of one disease, it will be regarded the fresh consultation and charged for at full rates.
10. Every consultation after the first for the same illness of the same patient with the same AMA is treated as subsequent consultation and charged for at the prescribed lower rates. For the

revised rates for consultation/visiting/injections etc.OM No.B.12012/03/2010-CGHS(P) dt. 6<sup>th</sup> November 2011 of GOI, MoHFW may be referred.

11. If at the time of consultation, the Medical Officer administers injections also, he will be entitled to charge fees both for the consultation and for the injection at the prescribed rates. However, if at a later stage the Medical Officer administers injections prescribed at the previous consultation, fees should be charged for injections only.
12. Consultation on the tenth day of treatment will also be allowed, if no medicines are prescribed for that consultation.
13. Purchase of Allopathic medicines and drugs can be made from any chemist/druggist licensed under the Drugs and Cosmetics Act and rules framed there under. Purchase of Ayurvedic/Siddha/Unani medicines can be made only from approved pharmacies.
14. The cost of medicines and other services will be reimbursed as per extant rules.
15. The claim for reimbursement should be received within 3 months.
16. In case of serious accidents or illness, an employee or the dependent member of his family may be admitted for emergent treatment in the nearest private hospital in the absence of a Government or recognized hospital( to be shifted to Govt. Hospital as the condition is stabilized)..Reimbursement of expenditure may be allowed as per rules.The certificate in the prescribed format regarding emergency from the hospital will be required to be submitted for seeking treatment. However. The competent authority may decide on the merits of the case whether it was a case of real emergency necessitating admission in a private hospital.

**NOTE: All employees and their dependents may seek treatment at BMHRC (ICMR) and get medicines through hospital pharmacy. This facility is available to only those employees and their dependants where proper ID No. was allotted to them by BMHRC.**

(Dr. Anil Prakash)  
Director-in-charge

*Anil Prakash*  
11/2/15

- Cc: i) Notice Board.  
ii) PS for website  
iii) S.O.Acctts

